



THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Education

MENTAL HEALTH LITERACY FOR EDUCATORS

FREE & ONLINE!



Learn Mental Health

Develop your mental health literacy with this evidence-based, self-guided course. This can be taken as a complete course, or individually via each of the 7 modules. Certificate options available.



Teach Mental Health

Prepare to deliver this evidence-based, classroom-ready curriculum resource to students 12 to 19 years of age to successfully address mental health-related curriculum outcomes.