# **UBC Counselling Psychology Master's Program**

The Counselling Psychology Program's mission, in line with the mission of the University, is to study, examine, and reflect on the methodology and grounds for knowledge in counselling psychology, especially with respect to its validity, applicability, and limits.

As a professional program with a mandate to educate counsellors, it emphasizes both training in techniques (skills) and knowledge for specific purposes determined by time and place rather than knowledge for its own sake.

# **Applicant Requirements**

- Acceptance by the UBC Faculty of Graduate Studies.
- A completed four-year undergraduate degree with a minimum average of 76% on all senior-level credits.
- Three academic letters of reference, one of which must be from a professor, that speaks to your ability to undertake graduate work and your appropriateness for this program.
- A one page letter of intent (of approx. 600 words) stating your career goals, your background, and your reasons for seeking an advanced degree.
- A minimum of three years of experience working in a helping capacity with children, adolescents, or adults. Preference will be given to applicants with sustained, relevant work experience.

# **Prerequisites**

- CNPS 362, Basic Interviewing Skills
  - You may apply to the program **before** you complete this prerequisite. The course will be offered in Summer 2013 to accommodate applicants who have not met this requirement. See website for details.
- Completion of a 3-credit course in learning and a 3-credit course in abnormal psychology (or an approved equivalent).

# **Details and Dates**

Location: Okanagan (UBC-O)

Length: 3 years, part-time

Start Date: January 2014

Deadline: Apply by August 31, 2013

Payable in installments.

See website for details.

### **Contact Us**

**Tuition:** 

### **Academic Info**

**Dr. Colleen Haney,** Cohort Advisor UBC Faculty of Education 604-822-4639, colleen.haney@ubc.ca

### **Admissions Info**

**Tracey Pappas**, Senior Program Assistant UBC Faculty of Education 604-827-5592, tracey.pappas@ubc.ca **Toll-free** (in North America): 1-888-492-1122

# **Information Sessions**

### **April 2013**

- Kelowna | UBC Okanagan Campus Thursday, April 11 | 4:00 p.m.-5:30 p.m.
- ▶ **Vernon** | W.L. Seaton Secondary School Thursday, April 11 | 7:00 p.m.–8:30 p.m.
- Penticton | Skaha Lake Middle School Friday, April 12 | 4:00 p.m.-5:00 p.m.
- Full location details are available online.
- A previously recorded webcast is also available on the program website.



# UBC M.Ed. in Counselling Psychology

A three-year, part-time, cohort program for working professionals.

# **Okanagan Cohort** (CP13)

**Begins January 2014** 



**UBC-V and UBC-O Faculties of Education** 

Educational & Counselling Psychology, and Special Ed. (ECPS)

# Would you like to...

- Help students overcome obstacles and develop strategies to live up to their highest potential?
- Help your school district respond to the growing need for school counsellors?
- Advance your career and complete UBC's internationally recognized 48-credit M.Ed. program?
- Participate in a program that incorporates a small-group clinical experience (one day or evening per week during the second year) in adition to a practicum experience?
- Build relationships and interact with colleagues as part of a community of learners?

# **Benefits of a Cohort Approach**

- Collaboration. The UBC-Vancouver Counselling Psychology program is pleased to collaorate with UBC-Okanagan and with school districts in the Okanagan to provide this responsive and engaging graduate program.
- ▶ **Speed**. Complete your Masters' degree parttime over a period of three years.
- ▶ **Convenience.** As a customized offering for working teachers, courses and schedules are tailored to your needs. Classes will include evening, weekend and summer programs.
- Interaction. Interact with colleagues from local and surrounding school districts to promote collegiality, mutual support and learning.
- ▶ **Access**. You will enjoy many privileges as a UBC student, including access to first-class library resources.

# Department of Educational and Counselling Psychology, and Special Education (ECPS)

Cohort students have the opportunity to study with UBC scholars and practitioners active in the field.

UBC's internationally renowned Faculty members publish widely, hold offices in major Canadian and international organizations, and conduct extensive research programs.

# **Proposed Program Schedule**

# **PreReqs**

Summer '13 Basic Interviewing Skills (CNPS 362)

We are offering this pre-req in the Okanagan to accommodate applicants who do not have this course. See website for details.

### Year One

\*Introduction to Theories of Counselling (CNPS 365)

April '14 \*Career Counselling Online (CNPS 363)

September '14 Counselling Adolescents (CNPS 514), or School Counselling (CNPS 504)

### **Year Two**

January '15 Individual & Family Counselling Theories and Interventions (theory) (CNPS 578A)

March '15 Individual & Family Counselling Theories and Interventions (lab) (CNPS 578B)

April '15 Ethics (CNPS 586)

July '15 Group Counselling (CNPS 564)

Small Group Clinic (CNPS 588)

### **Year Three**

July '15 September '15

January '16

Small Group Clinic (CNPS 588 continued )
and Career Counselling (CNPS 574)

April '16

Psychological Assessment in Counselling (CNPS 532)

July '16

Program Evaluation (CNPS 584)

September '16

Practicum (CNPS 598)

- \* Prerequisite courses, must be taken prior to other courses.
- \*\* Research Methodology in Education (EDUC 500) **or** Introduction to Reserach in Education (EPSE 481), or equivalent, must be taken at any time during the first two years of the program.

**NOTE**: The proposed schedule is subject to change.